

# KINNEY KARATE



**Award winning Kinney Karate promotes a positive self image and realistic goal setting. Classes are FUN, safe and professional.**

**Participation develops coordination, personal fitness, concentration, self defense, self discipline, self control, non-violent behavior, bully protection skills and more.**



**Beginner Classes  
for Kids, Teens and Adults  
NOW STARTING**

Visit us at: [www.kinneykarate.com](http://www.kinneykarate.com)

Any Questions? 727-482-6683



**2010  
CELEBRATING  
OUR 41st YEAR  
ANNIVERSARY**

**Willis S. Johns Center** 6635 Martin L. King Jr. St. N.

**Tuesday & Thursday:**

6 PM Beginner-All Ages

**Shore Acres Center** 4230 Shore Acres Blvd. NE

**Monday & Wednesday:**

7 PM Beginner-Kids

8 PM Beginner-Adults & Teens

**Cate/Northwest Center** 5801 22nd Ave. N.

**Tuesday & Thursday:**

6 PM Beginner- Kids,

8 PM Beginner-Adults/Teens

**Gladden Park Center** 3901 30th Ave. N.

**Monday & Wednesday:**

7 PM Beginner-Kids, Teens and Adults

**Azalea Center** 1600 72nd St. N.

**Monday & Wednesday:**

6 PM Beginner-All Ages

**Lake Vista Center** 1401 62nd Ave. S.

**Monday & Thursday:**

7 PM Beginners- All ages,

**Roberts Recreation Center** 1246 50th Ave. N.

**Monday & Wednesday:**

6 PM Beginners All ages

**Bay Vista Center** 7000 4th St. S.

**Wednesday:** 5 PM Beginner-All Ages

**To enroll, just show up at the class that you would like to attend. You don't need to start at the beginning of the month. You don't need a uniform to begin classes. Wear loose fitting pants and a T-Shirt.**

## **Why Kinney Karate?**

- **No contracts, gimmicks, pressure or hidden costs**
- **Co-Ed classes for all ages- kindergarten through senior adults**
- **Learn at your own speed**
- **Learn Korean Karate, Ju-Jitsu and Aikido Skills**
- **Spectators are welcome**
- **Since 1969**
- **World Class Certified Black Belt instructors**
- **Class fees start at \$25 a month for a weekly one hour class**

**Program Directed by Grandmaster Michael Kinney, 10th Degree Black Belt  
INTERNATIONAL MARTIAL ARTS BLACK BELT HALL OF FAME INDUCTEE**